



Psychogeriatric Service



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The psychogeriatric team comprises of psychiatrists, psychiatric nurses, occupational therapists, physiotherapists, clinical psychologists, social workers, clerical and patient care supporting staff. The team is led by the Chief of Service, Consultant in-charge, Department Operations Manager and Ward Managers. The team provides psychogeriatric service listed below to elderly patients aged 65 or above and their carers.

1. Out-patient Service

The Psychogeriatric Out-patient Department cum Carer Support Centre provides out-patient service to elderly with mental health problems and carer support service to the carers.

2. In-patient Acute Care Service

The short-stay acute care service provides in-patient service to patients in acute distress or in need of further assessment and treatment. It also provides respite care service.

3. Psychogeriatric Day Hospital service

Psychogeriatric Day Hospital cum Day Care Unit for Dementia provides day hospital service to mentally ill elderly and dementia patients.

Psychogeriatric Ambulatory Care Centre provides day recovery service to discharged patients with a club-house model.

4. Psychogeriatric Outreach Services

Medical Outreach Service to sub-vented and private residential care homes for the elderly provides on-site out-patient service with assessment of the elderly at the age homes. More accurate information on the elderly can be obtained as the staff can be interviewed concurrently for updated information of the patient. Knowledge and care management of the mental health problems can be enhanced. The transport problem for the elderly can also be alleviated. The quality of life of the elderly can thus be improved.

Community Psychogeriatric Nursing Service provides home visits and telecare service to strengthen the caring knowledge and skills of the carers and enhance the independence of the elderly patients, helping them to live in the community more effectively.

Nursing Outreach Service to licensed residential care homes for the elderly provides communication and support network to the private old aged homes through new case screening and knowledge transfer.

Psychogeriatric Nursing Assessment Centre collaborates with the Integrated Family Services Centers to provide assessment, care management and follow up actions for elderly suspected to have mental health problems.

Mobile Primary Mental Health Nurse Clinic for Elderly collaborates with all District Elderly Community Centres and Neighbourhood Elderly Centres in Tsuen Wan and Kwai Tsing districts to provide early intervention, follow up and referring to appropriate psychogeriatric services. It also provides primary mental health care education to the staff and voluntary workers of the centres.

Psychogeriatric Service to Enhanced Home & Community Care Schemes provides psychogeriatric service through home visits and telecare with nursing assessment, case follow up, enhancing the patients to live in the community and providing support to the carers of the NGOs.

5. Elderly Suicide Prevention Programme

The Elderly Suicide Prevention Team provides service to depressed elderly or those with suicide risks or attempts upon referral from doctors, Consultation Liaison nurses or social workers of NGOs. The team also educates the front-line health care professionals and voluntary workers in prevention and care management of elderly depression and suicide.

6. Patient and Carer Support Groups

Elderly Council is a peer support group formed by the elderly patients in recovery. Members joined the activities of the hospital e.g. focus groups for collection of feedback on the services.

Elderly Joy Club is a peer support group formed by the elderly depressed patients in recovery. It helps patients and carers to know more about the prevention and management of elderly depression on their road of recovery.

Carer Support Group is a carer group with periodic educational and recreational activities for the carers to share their experiences among members and support each other.

Domestic Worker Support Group is a carer support group formed by the domestic workers who are caring for elderly with mental health problems. Periodic educational workshops on the care and management of the mentally ill elderly patients are conducted. Social gatherings are also arranged to facilitate mutual support among members.